

PARTICIPANTS: The Center is non-denominational and serves all people aged 60 or older that live within the City of Alexandria.

NEW PARTICIPANT REGISTRATION: A short registration process is used to assess a prospective participant's needs and to meet Administrative requirements. Please call 703-751-2766 to make an appointment.

SENIOR OPPORTUNITIES: The Center promotes happiness and independence through health and wellness, social, educational, recreational, and cultural opportunities. Referrals are made to other services throughout the community. Nutritious lunches are served daily.

CENTER LOCATION: The Center is located at **4650 Taney Avenue, Alexandria**, across the street from the Patrick Henry Elementary School and Rec Center. Take Seminary Road to North Jordan then turn right on Taney Avenue.

TRANSPORTATION AND MEALS: The City of Alexandria provides door-to-door bus transportation and daily lunch. Registered participants can make bus or meal reservations by calling 703-751-2766, one day in advance before 11:00 am.

PARTNERS OF ST. MARTIN DE PORRES SENIOR CENTER: This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.

HELPFUL INFORMATION SOURCES:

- **City of Alexandria Division of Aging and Adult Services: 703-746-5999**
- Alexandria DOT Transportation: 703-746-4079
- Alexandria Meals-On-Wheels: 703-836-4414 x.110 Marshall Hespe
- Alexandria Senior Taxi: 703-746-5999 x1
- Arlington County Agency on Aging: 703-228-1700
- Fairfax Area Agency on Aging: 703-324-7948
- Legal Services of Northern Virginia: 703-778-6800 Mon-Thurs 9:30-12:30, 1:30-3:30
- Catholic Charities Emergency Assistance: 703-548-4227, 703-548-4881
- **Catholic Charities Diocese of Arlington Senior Services: 703-751-2766**

ST. MARTIN DE PORRES SENIOR CENTER STAFF:

Juanita Balenger, Senior Center Program Director

Luis Angel, Senior Center Assistant Director

Maria Mellor, Activities and Food Service Assistant, Volunteer Coordinator

Christine Simon, Operations Assistant



ST. MARTIN DE PORRES SENIOR CENTER

ALL SENIORS WELCOME!

Welcome Back!!

This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.



May 2025

4650 Taney Ave. Alexandria, VA 22304

Phone: 703-751-2766

www.cdda.net/seniorservices/

CENTER OPEN: MONDAY – FRIDAY
8:45 A.M. – 1:30 P.M.

OFFICE HOURS: 8:30 A.M. – 4:30 P.M.

FIELD TRIPS

****Reminders****

Additional Closures:

Monday 5/26 Memorial Day

- Bus reservations must be made at least one day in advance by 11 am.
- Lunch reservations must be made at least one day in advance by 11am.



Happy Birthday!

May Birthdays!

- 04 – Almaz Woldegabriel
- 05 – Desta Abreha
- 06 – Emma Tulop
- 08 – Theresa Hairston
- 11 – Kathryn Hunter
- 11 – Rai Nayyar
- 14 – Socorro Gomez
- 17 – Marlene Toutounji
- 24 – Ghamar Raouf
- 24 – Suman Nayyar
- 27 – Earline Sylvester
- 27 – Habtenesh Gessessee



Our Birthday Party will be on Wednesday, May 21. Hope you are ready to dance and celebrate!!

Thursday, May 8: Dutch Village Farmers Market

Located in Laurel, Maryland our market is full of the best fresh and delicious foods from the Dutch Country. Baked goods, dairy products, BBQ, candies, organic meats, and more can be found at the variety of merchants. The Farmers Market Coupons will not be usable here. This is the perfect chance to get delicious handmade goods prior to Mother's Day and Memorial Day weekend. Seating on the bus is **limited to 18* seats, open on a first come first serve basis. Bus pick up begins at 8:30am and we will be leaving the center at 9:30 am. Last day to sign up is May 7th at 11:30am. Please sign up with Maria in person while she is in her office to reserve your spot.**

Wednesday, May 28: Walk around Fort Ward Park

Before it gets too hot, we will be going on a walking field trip at Fort Ward Park. The historic fort provides visitors with an excellent understanding of Civil War-era military engineering. About 90% of the fort's earthwork walls are preserved and the Northwest Bastion has been restored and reconstructed to its original condition. Seating on the bus is **limited to 18* seats, open on a first come first serve basis. Bus pick up begins at 8:30am and we will be leaving the center at 9:30 am. Last day to sign up is May 27th at 11:30am. Please sign up with Maria in person while she is in her office to sign up and pay to reserve your spot.**

*bus seating may increase, to be determined